

Midday Prayers 2020: Building hope and confidence
September
Hope in all weathers

Monday: Hope in all weathers

My help comes from the Lord,
the Maker of heaven and earth.
The Lord watches over you –
the Lord is your shade at your right hand;
the sun will not harm you by day,
nor the moon by night.
Psalm 121:2, 5-6

How faithful is our God!
How constant is your love!

Whatever the weather we walk through today,
sunshine or rain, good times or hard;
we trust in your sure and steadfast hope
and anchor our lives on the security of your love.

In the midst of the storm
you give us your peace.
In the warmth of the sun
you give us your joy.
In the sight of the rainbow
you give us your hope.
We praise you, our faithful God.
Amen

Tuesday: Hope in the storm

They cried out to the Lord in their trouble,
and he brought them out of their distress.
He stilled the storm to a whisper;
the waves of the sea were hushed.
They were glad when it grew calm,
and he guided them to their desired haven.
Psalm 107:28-30

When our life is rocked
by raging waters of trouble and distress
Lord, hear our cries for peace.

**Lord God, you are our refuge
in times of trouble,
help when storm clouds gather,
strength in our weakness,
peace within our busyness,
the focus of our worship,
our confidence and hope.**

May we know God's peace
within the storms of life;
and in the quietness beyond,
as the waves subside,
hear that gentle whisper,
'Be still, my child, and rest.'
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Wednesday: Hope in the sunshine

Oh, how sweet the light of day,
And how wonderful to live in the sunshine!
Even if you live a long time, don't take a single day for granted.
Take delight in each light-filled hour.
Ecclesiastes 11:7-7 (The Message)

Lord, bathe me every morning in the sunlight of your Word.
Let it shine brightly on my sins, but not to my despair.
Warm my soul with grace.
Direct my steps with truth.

**Fill my words with gentleness.
Guide my eyes towards the works
you've prepared just for me.
Strengthen my heart with courage.**

As the earth feels the warmth of the sun,
let me feel your love.
As the earth feels the warmth of the sun,
let others feel your love from me.

**Thank you that I, like the sun,
could rise with you this morning.
Amen**

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Thursday: Hope in the cloud

We don't yet see things clearly. We're squinting in a fog, peering through a mist.
But it won't be long before the weather clears and the sun shines bright!
We'll see it all then, see it all as clearly as God sees us, knowing him directly
just as he knows us!

1 Corinthians 13:12 (The Message)

**All-seeing God,
pierce the haze of our weaknesses.
Flood the eyes of our hearts with light
and break through our clouded vision.**

When our way ahead is hard to see
we pray for your clarity to penetrate
the clouds of our partial knowledge
and blurred understanding.

When hurts and disappointment
obscure our way through life,
shine your light through mists of confusion
to bring clearer insight and hope.

Amen

Friday: Hope in the drought

The seeds die in the parched ground,
and the grain crops fail.

The barns stand empty,
and granaries are abandoned.

Joel 1:17

Lord of all weathers,
who created the world with enough to supply the needs of all,
we pray for those in desperate situations of drought and famine:

**Where natural conditions have held back the rains,
where natural disasters have led to famine,
we pray for your mercy, Lord of the harvest.**

Throw open the floodgates of heaven and pour out your blessing
on those who are suffering a drought of hope and a famine of faith,
as they battle with their extremities of hardship.

**Show us the part that we can play in bringing
hope and practical solutions,
that crops and lives may flourish once more.
Amen**

Saturday: Hope in the rainbow

Whenever the rainbow appears in the clouds, I will see it
and remember the everlasting covenant between God
and all living creatures of every kind on the earth.

Genesis 9:16

Loving Lord,
send the rays of your divine sunshine
to drive away the showers of earthly concerns
and light up our lives with the rainbow hues
of your multi-faceted blessing.
Lift our eyes that we may delight
in the brightness and beauty
of your covenant love
which colours our lives with joy and hope.

**O Christ our Morning Star,
Splendour of Light Eternal,
shining with the glory of the rainbow,
come and waken us
from the greyness of our apathy
and renew us in your gift of hope.**

Amen

The Venerable Bede

Wave of Prayer for Mothers' Union

Lord, we pray for Mothers' Union worldwide.

- 1-2** Harare in Zimbabwe; Machakos in Kenya; Ogori-Magongo & Ekiti in Nigeria; Southwark in England and Phulbani in India
- 3 – 5** Khartoum in Sudan; Dar es Salaam in Tanzania; Bari & Ilesa in Nigeria; Gloucester in England and Dugapur in India
- 6 Mothers' Union worldwide**
- 7 – 9** Pacong in South Sudan; Southern Nyanza in Kenya; Kutigi & Ijesha North in Nigeria; Bristol in England and Karnataka Central in India
- 10 – 12** Pretoria in South Africa; North Mbale in Uganda; Oke-Osun in Nigeria; Exeter in England and Barbados
- 13 Mothers' Union worldwide**
- 14 – 16** Mthatha in South Africa; Namirembe in Uganda; Pankshin & Sabongidda-Ora in Nigeria; Dublin & Glendalough in All Ireland and Central Solomons in Solomon Islands
- 17– 19** Buye in Burundi; Sebei in Uganda; Abakaliki & Ekiti-Oke in Nigeria; Southwell & Nottingham in England and Belize
- 20 Mothers' Union worldwide**
- 21 – 23** Rumbek in South Sudan; Soroti in Uganda; Aba Ngwa North & Oyo in Nigeria; Peterborough in England and North Eastern Caribbean & Aruba
- 24 – 26** Makamba in Burundi; North Karamoja in Uganda; Lokoja & Sapele in Nigeria; Truro in England and Tirunelveli in India
- 27 Mothers' Union worldwide**
- 28 – 30** Katanga in DR Congo; Rwenzori in Uganda; Mbaise & Egba in Nigeria; Meath & Kildare in All Ireland and Tiruchirappalli Thanjavur in India

Final Blessing

**May God rain on us with his blessings, and shine on us with his mercies.
May God blow onto us his wind of life, and protect us with his presence.**

Amen

Prince Dibeela, Botswana