

LOVE SHOULDN'T HURT

"I know the plans I have in mind for you, declares the Lord; they are plans for peace, not disaster, to give you a future filled with hope." (Jeremiah 29:11)



**SUFFER
BECAUSE OF DOMESTIC ABUSE!
DISRESPECTFUL AND ABUSIVE BEHAVIOUR IS NEVER OK**

Does your partner

- make you feel ugly and useless?
- cut you off from family and friends?
- threaten you to get their own way?
- blame you for their behaviour?
- never admit they are wrong?
- use the Bible to excuse behaviour towards you?

**FOR SUPPORT, ADVICE AND SIGNPOSTING, CALL
24 Hour Domestic & Sexual Violence Helpline**

0808 802 1414

Email Support: 24hrsupport@dvhelpline.org

Text support to 07797 805 839

Freephone from all landlines and mobiles. Translation service available.

If you are in an emergency contact the **PSNI** on **999** / In a non-emergency situation dial **101**

Open to all women and men affected by domestic & sexual violence