

## **16 Days of Activism Prayer Meeting Resource**

Below you will find a suggested format for a 16 Days of Activism Prayer Meeting which can be held via zoom or another virtual platform.

In order to set up the meeting you will need to schedule a meeting with your group / branch / diocese. Once you have decided on a date and time (this works really nicely in the evening) you can schedule in the meeting on zoom to create a joining code and then add this to your email invitation to join

We have suggested a couple of worship songs / hymns you could use but you can feel free to use whichever ones you want! You Tube is a great resource for finding them. You can show the You Tube video by the host sharing their screen and selecting the option for sound on. As these are closed private meetings (not recorded) you do not need to worry about copywrite.

If you don't feel comfortable with this, you could play the music on a cd player / speaker near the microphone of your device. You may even have a musician present who can play live!

Or, you can just keep this as a simple prayer meeting with no music – you can make this work best for you.

If you have any questions please do not hesitate to email  
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### **The Prayer Meeting**

***Please note this is a suggested format only – you can amend and adapt this as you wish.***

**Pre – Meeting** - Allow 5/10 minutes for members to join to say hello and welcome everyone

**Welcome** – *Thank everyone for attending and explain that you will spend the next half an hour or so praying and worshipping together. This is an informal and quiet time together; there will be times when we put microphones all on mute just so you can sing / worship, but for the majority of time you are free to respond to prayers and pray aloud as you wish.*

### **Opening Blessing**

Lord as we meet together this evening,  
we pray for your blessings to pour down on each one of us gathered here together.  
We thank you Lord that we can do this even though we cannot meet in person.  
Lord we offer up our meeting now,  
and bring before you our 16 Days of Activism campaign.  
our No More 1 in 3 Global Day

and all of Mothers' Union's work around the world against Gender Based Violence.  
We pray Lord, for all this work that we do in your name,  
as your humble servants. **Amen**

**Music** – *Via sharing screen and You Tube you can play a modern version of the traditional Hymn How Be Thou My Vision.*

<https://www.youtube.com/watch?v=ihJAJA4ibEs>

*Microphones will all be turned off during this and you can turn your cameras off momentarily if you feel more comfortable. This is so we can still our minds and ready ourselves for this time of prayer and fellowship.*

Be thou my vision, O Lord of my heart,  
be all else but naught to me, save that thou art;  
be thou my best thought in the day and the night,  
both waking and sleeping, thy presence my light.

Be thou my wisdom, be thou my true word,  
be thou ever with me, and I with thee Lord;  
be thou my great Father, and I thy true son;  
be thou in me dwelling, and I with thee one.

Be thou my breastplate, my sword for the fight;  
be thou my whole armour, be thou my true might;  
be thou my soul's shelter, be thou my strong tower:  
O raise thou me heavenward, great Power of my power.

Riches I heed not, nor man's empty praise:  
be thou mine inheritance now and always;  
be thou and thou only the first in my heart;  
O Sovereign of heaven, my treasure thou art.

High King of heaven, thou heaven's bright sun,  
O grant me its joys after victory is won;  
great Heart of my own heart, whatever befall,  
still be thou my vision, O Ruler of all.

*Unmute all Microphones*

### **Bible Reading:**

Just as a body, though one, has many parts, but all its many parts form one body, so it is with Christ.

God has put the body together, giving greater honour to the parts that lacked it, so that there should be no division in the body, but that its parts should have equal concern for each other. If one part suffers, every part suffers with it; if one part is honoured, every part rejoices with it.

Now you are the body of Christ, and each one of you is a part of it.

*1 Corinthians 12:12, 24-27*

## **Time of Prayer**

Let us pray:

**Loving Lord,  
who has called us to be the body of Christ,  
make us ready to act as his hands and feet in the world.  
to raise awareness of what must be challenged,  
and to address the plight of the vulnerable. Amen**

Forgive us, Lord,  
who call ourselves your own  
but daily cause you pain,  
who see someone in need  
and walk across the road,  
hear about injustice  
and fail to say a word.  
Forgive us, Lord,  
who call ourselves your own.

**Renew our hearts,  
our souls and minds;  
Strengthen our faith  
and make us a people  
who are your hands,  
your feet and voice  
within this world. Amen**

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*We now enter a time of quiet prayer*

*This is an opportunity for you to pray or share a poem / verse either out loud or silently for our 16 Days Campaign, Our Global Day, Our work on Domestic Abuse and GBV. All microphones will be muted at the start and just unmute yourself when you want to pray. If you are unable to then raise your hand and the host will unmute you.*

*A period of silence will end this time as we honour all victims and survivors of GBV. It will be followed by us all praying the following together:*

**Lord of justice and mercy,  
who has called us to be the body of Christ,  
we offer up our prayers for those who  
are affected by gender-based violence  
and as a sign of our unity with all who  
campaign for justice across the world. Amen**

## **Music**

Celtic setting of In Christ Alone

<https://www.youtube.com/watch?v=8kvFtXphmMU>

*Microphones will all be turned off during this and you can turn your cameras off momentarily if you feel more comfortable.*

In Christ alone my hope is found  
He is my light, my strength, my song  
This cornerstone, this solid ground  
Firm through the fiercest drought and storm  
What heights of love, what depths of peace  
When fears are stilled, when strivings cease  
My comforter, my all in all  
Here in the love of Christ I stand

In Christ alone who took on flesh  
Fullness of God in helpless babe  
This gift of love and righteousness  
Scorned by the ones He came to save  
Till on that cross as Jesus died  
The wrath of God was satisfied  
For every sin on Him was laid  
Here in the death of Christ I live

There in the ground His body lay  
Light of the world by darkness slain  
Then bursting forth in glorious day  
Up from the grave He rose again  
And as He stands in victory  
Sin's curse has lost its grip on me  
For I am His and He is mine  
Bought with the precious blood of Christ

No guilt in life, no fear in death  
This is the power of Christ in me  
From life's first cry to final breath  
Jesus commands my destiny  
No power of hell, no scheme of man  
Can ever pluck me from His hand  
Till He returns or calls me home  
Here in the power of Christ I'll stand

*Unmute all microphones*

## **Closing Prayer**

Heavenly Father  
You are our strength, our light, our shield.

As we leave this evening, let us remember  
that we stand in the power of Christ.  
He calls us to raise our voices against injustice  
and give the power of speech to the voiceless.  
We stand in your love Lord. **Amen**

**Grace**

**Close Meeting**